

11 JAN - 14 JAN 2024 (THURS - SUN) | 4 FULL DAYS

Psychodrama Singapore Intensive 2024

IN COLLABORATION WITH
HUDSON VALLEY PSYCHODRAMA INSTITUTE

30% PCG funding available

Register Now! >

Featuring Our Trainers



Jennifer Salimbene, LCSW-R, CASAC, CDAC, TEP, Senior Faculty at Hudson Valley Psychodrama Institute, has over 25 years of experience in addictions & co-occurring disorders, working in inpatient, outpatient and private practice settings. She specialises in addiction treatment, co-dependency, trauma, PTSD, tweens, adolescents, & families.



Sharmini Winslow, BFA, MiC, CP, PAT, Founder & Director of Psychodrama Singapore, is Singapore's first Certified Psychodramatist by the American Board of Examiners in Psychodrama. Her speciality is working with adults with mood disorders, trauma and PTSD. Under Promises, Sharmini runs ongoing therapy groups and training programs to teach Psychodrama to professionals in the Asia Pacific region.



During this highly experiential workshop participants will learn and practice psychodrama skills and structures which are applicable to work with individuals, couples, families and groups. You will learn:

- doubling
- role reversal
- concretisation
- group building

through structured exercises, vignettes and full psychodramas. Group members will have the opportunity to learn the 'nuts and bolts' of the psychodrama method in a safe environment. With the guidance of our facilitators, you will have the opportunity to experience the roles of :

- protagonist
- auxiliary
- group member
- director



Psychodrama skills will be taught through a combination of didactic and experiential processes with handouts provided.



Students at all levels of experience* are welcomed.

*Must have attended at least one Psychodrama Singapore event or have prior psychodrama experience. Otherwise, an intake interview is required to assess suitability before you register.

Due to the structure of the training, seats are limited to 18 pax. Don't miss out - Sign up early!

Register Now!



**Hours accrued can be count towards APCB certification in Experiential Therapy as well as certification hours with the American Board of Examiners for Psychodrama. Eligible for 1 CPE point for every 2 training hours with SASW. Certificate of attendance eligible for CPD points from SAC.

Hudson Valley Psychodrama, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP #6789. Programs that do not qualify for NBCC credit are clearly identified. Hudson Valley Psychodrama, LLC is solely responsible for all aspects of the programs. This course is approved for 28 CE's.



Registration Details

Dates & Time: 11 - 14 January 2024

► 11 - 13 Jan: 9:00am - 6:30pm ► 14 Jan: 9:00am - 4:30pm
Timings subject to change at trainer's discretion

Location: Promises Healthcare, 10 Sinaran Drive, #11-16 Novena Medical Center, Singapore 307506

Ticket prices:

- Early Bird (ends 18 Dec 2023): **SGD 1,350 nett**
- PCG*: **SGD 1,360.80 nett**
- Standard: **SGD 1,944 nett**

Registration closes 08 January 2024 or earlier if at full capacity.

*Professional Capability Grant (PCG) for S'porean/PRs: This course has been pre-approved at 30% PCG funding until 08 Mar 2024.

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